

GOOD NETWORK

ACCREDITED COMPANIES •

NGOs •

GOOSHING •

THE ETHICAL MARKETPLACE •

Introduction

The closing chapter of *The Good Shopping Guide* is dedicated to the Good Network; a disparate group of like-minded people who are all working towards making our world a better place. Whether through campaigning, social events or setting an example with their business practices, they have become part of a global 'ethical' movement. And, having nearly reached the end of this book, you can consider yourself one of them!

Throughout *The Good Shopping Guide*, companies have been recommended as members of the Ethical Company Organisation's Accreditation Scheme. The opening pages of this section give more information and contact details for each of them, so that you can find out what progressive changes they have made and how their products compare to the mainstream manufacturers.

The next section is devoted to non-governmental organisations. High-profile groups such as Greenpeace and Friends of the Earth are household names, synonymous with their commitment to, and passion for, the environment and the people who live in it. But behind these big names are dozens of other charities who need our support. Some are campaign groups with express social or political aims; others are working in aid of a particular cause or population group. All are united by their belief that people

power really works. Find out how to support them on page 358.

No campaign would be complete without live events, and the green movement is no exception. The days out included here are not just about hemp smocks and cider (although there will be plenty of both), but are an opportunity to meet people of all ages with similar interests and to find out more about the eco-lifestyle. Many of the events included are local gatherings, while some are established music festivals which share the community ethos that defines the ethical shopping movement.

The final place to look before putting the ethical shopping principles into practice is the Marketplace, which only features companies that meet *The Good Shopping Guide's* high ethical standards. Finally, we introduce Gooshing, the website that takes the Good Network onto the world wide web.

Accredited companies

The following companies belong to the Ethical Accreditation scheme, and can display the Ethical Company and Ethical Award logos as symbols of their certification. The Good Shopping Guide can recommend them as companies that have been fully audited and meet the highest ethical standards. For more information about joining the scheme, call 0845 257 6818 or email k.alexander@ethical-company-organisation.org for an application pack.

ANIMAL TAILS

Animal Tails believe that there's no greater beauty than our World and the diverse species that populate it. However, the escalating rate of extinction, through loss of habitat caused by human activity, is making many species of beauty pass into nothingness. At Animal Tails they love people, animals and the environment and they doing their bit to support a balanced symbiosis. All their T-shirts and screen-prints are 100% organic, and they are ethically manufactured.

www.animaltails.co.uk

ANNIRAC

The Annirac is a unique drying rack designed for owners of Kitchen Ranges (like AGA's). With an Annirac Drying Rack you can conveniently air and dry clothes, crockery, glassware and much more and help reduce wasted energy rising from your Kitchen Range – avoiding the need to use an alternative heat source for drying/airing (eg. tumble dryings). Annirac offers a variety of models to suit most makes of Kitchen Ranges. Orders can be placed by phone, online or post.

www.annirac.com

Tel: 01371 870 312

AROMATHERAPY DIRECT

Aromatherapy Direct pride themselves in offering the highest quality products and excellent customer service. The company is committed to being environmentally friendly and conscious. Their essential oils and other skin care products contain natural and organic ingredients and they only use recyclable packaging. They source their ingredients very carefully and from sustainable sources. Since their products are hand blended and made to order, quality and freshness are assured.

www.aromatherapydirect.ltd.uk

Tel: 01872 573543

ATMOS HEATING SYSTEMS

Atmos design and install heating and hot water systems for homes and businesses. Their condensing gas boilers and water heating systems have won awards for energy efficiency, and the company is committed to promoting environmentally friendly products. Atmos systems can save up to 50 per cent on fuel consumption, which not only helps reduce your use of fossil fuels, but saves you money as well. An energy-efficient Atmos product is built to last, and will easily pay for itself in the long term. The company also sells a range of Solar hot water systems, and its boilers are specially designed to help customers reduce their water wastage.

www.atmos.uk.com

Tel: 0132 787 1990

BROTHER

Brother is a world-wide electronics and manufacturing company, which sells its products in over 100 countries. They feel it is their duty to do whatever they can to protect and preserve the environment, and have several policies in place to ensure they work towards this goal. Brother aim to reduce their use of water, energy and materials, and run regular audits to assess their progress across all areas of environmental management. The company launched the world's first TCO99 Compliant Printer, which meets 50 stringent ecological, health and safety and ergonomic requirements. Their product range includes printers, all-in-one machines, faxes, labelling systems, laminators and sewing machines.

www.brother.co.uk

Tel: 0845 606 0626

B. SUSTAINABLE (FST MARKETING COMMUNICATIONS)

fst Marketing Communications is a full-service creative agency based in Marlow, Bucks., which offers complementary marketing disciplines, all working towards a single goal - making creative matter. They are passionate about nurturing and developing their clients' brands across a range of marketing disciplines: brand identity design, branding strategy, digital design and build, direct marketing, email marketing, advertising, promotional activity, literature design, and exhibitions and events. The company has adopted the Planet Positive protocol. This status certifies that a business has measured and reduced the footprint of its services and products and offset the remainder beyond carbon neutral status.

www.fstthegroup.com

Tel: 01628 498500

BULLDOG

Bulldog are male grooming products made with natural ingredients to improve performance. They use none of the potentially harmful man-made chemicals often associated with the cosmetics industry - like parabens, sodium laureth sulfate, artificial colours or synthetic fragrances. Bulldog has signed up to the Campaign for Safe Cosmetics - a pledge to remove toxic chemicals and replace them with safer alternatives. The Bulldog packaging has been developed to 'look cool' on the shelf and the range includes shave gel, shave balm, shampoo, shower gel, face wash and moisturiser and can be found at large Sainsbury's stores nationwide.

www.meetthebulldog.co.uk

Tel: 020 8969 6006

BURNS PET NUTRITION

Burns Real Food has been developed over the last ten years using John Burns' experience as a veterinary surgeon. Burns is a simple pet food which is intended to allow the animal's body to function as it should. Owners have reported that when their dogs went onto Burns the skin and coat condition improved, including reductions in hair loss and itching, and the coat became glossy and silky. Unpleasant odours disappeared and older dogs became livelier, less stiff and generally more interested in life. Burns Pet Nutrition has never conducted experiments on animals, and is accredited by the British Union for the Abolition of Vivisection.

www.burns-pet-nutrition.co.uk

Tel: 0800 018 1890

CAURNIE SOAP COMPANY

Working from their organic herb garden in Scotland, Caurnie have been providing quality hand-made vegan soaps since they were founded there in 1922 - the oldest soap-maker in the region. They specialise in traditional soaps, which use the cold process technique and contain natural vegetables and herbs. Their products are cruelty-free and vegetarian, and are suitable for delicate skins and allergy sufferers who would rather avoid synthetic chemicals. Caurnie believe in low-energy, low-impact production, and this is reflected in their dedication to the minimal packaging of their products. Soaps, shampoos and a range of hand-made household cleaning products are available through the website.

www.caurnie.com

Tel: 0141 776 1218

CHARITY BANK

Charity Bank is the UK's first not for profit bank. It is a unique enterprise, combining the compassion of a charity and the strength of a bank. By offering affordable solutions to charity borrowers, Charity Bank helps organisations across the country tackle poverty, exclusion, abuse and prejudice, and breathe life back into under-invested communities. While donations will always be an important part of funding, Charity Bank believes that they are most effective when combined with long-term investment. Saving with Charity Bank offers you a social return on your cash, and ensures that your money is being used for the common good, rather than commercial gain.

www.charitybank.org

Tel: 0173 277 4040

CHELSEA BS

Chelsea Building Society is first building society to qualify for Ethical Accreditation. Chelsea is proud to be a mutual building society with the business built on strong values and with a long standing culture of giving customers fair treatment. Chelsea is not only committed to its members but also to its staff, the communities in which it works and the environment. Chelsea Building Society's ethical score (ECI) is high as it has aligned many of its Corporate Responsibility strategies to those within its Corporate Plan so that best practices within the CR field become part of its business processes and plans in future.

www.thechelsea.co.uk

Tel: 01242 271271

CHOCOCO

Chococo – The Purbeck Chocolate Company. Handmade fresh chocolates are proudly created by husband & wife team in Purbeck, Dorset. They craft all their fresh chocolates by hand every day so that customers get to discover the joy of eating truly fresh pure chocolates. They believe that pure foods tastes better so they don't put preservatives into their chocolates. They are proud of being ethical chocolate makers, just as they care about the taste of their finished product, they also care about the bigger picture – about where the ingredients come from and the people who produce them.

www.chococo.co.uk

Tel: 01929 421777

THE CLEAN SPACE

The Clean Space partnership is a cleaning company with a difference. As a Fairtrade Services provider, it delivers a higher standard of care for its employees, investing in training and support to create a reliable, motivated team that values its work. All employees are invited to invest in the business, giving them an opportunity to share in the pride and responsibility of ownership. Clean Space specialises in office cleaning, and offers services including contract cleaning, waste removal, carpet shampooing, recycling and even getting the crumbs out of your computer keyboard. Contact their offices in London or Manchester to see if they can make your office into a clean space.

www.thecleanspace.com

Tel: 0870 423 3559

C MOBILE

C Mobile has been set up to accelerate change towards environmental best practice in the mobile phones industry and donates up to £1 per month to local renewable energy projects per subscriber. They sell the most ecologically friendly phones from all the manufacturers. These are designed with modern recycled materials where possible and they also sell 'as new' refurbished handsets and SIM only. Chargers stop charging once the battery is fully charged and they include solar charged energy store for charging your mobile phone. The use of harmful substances in the manufacturing process is carefully monitored to reduce the impact on the environment once the phone is finally discarded. C Mobile also encourages return of old mobile phones which are then recycled and re-sold where repairable. The packaging for C Mobile handsets is made from recycled materials which are, again, fully recyclable.

www.cmobile.co.uk

Tel: 0844 24 91 400

CO2 BALANCE

Co2 Balance Ltd is a carbon management company who are actively seeking to reduce the greenhouse gas emissions of both businesses and individuals. They seek carbon offset projects that have positive Co-benefits. For example all of their woodland plantations are open to the public for the benefit of the community and their energy efficiency and renewable energy projects in Africa improve the recipients' standards of living by improving health & safety and reducing user fuel costs.

www.co2balance.com

Tel: 0845 094 2620

ECOSOAPIA

21st Century Health have launched Ecosoapia, an organic hand and body wash. This luxurious liquid soap is available in peppermint, lavender, almond, eucalyptus, tea tree, rose and unscented, and is approved by the Soil Association. It has been awarded the Chemical Consumer Award and Consumer Award from Allergy UK, which is important for allergy sufferers. Ecosoapia is free from SLS, artificial colour, fragrances, synthetic preservatives and parabens and is suitable for vegetarians and vegans. As well as being kind to your skin it is kind to the environment. Ecosoapia costs £6.50, with 10 per cent of all profits going to Iracambi to help conserve the rainforests.

www.ecosoapia.com

Tel: 0800 026 0220

ESSENTIAL CARE

Essential Care is a range of truly organic body care, hand-made with pure plant oils and biodynamic herbs. None of the products are tested on animals, nor use artificial fragrances, colourings or other common synthetics and they are the first company to have created a Soil Association certified shampoo. Based in Suffolk, Essential Care is a small family team who have been researching formulations for their products since the 1980s and set up as a mail order company in 2003. The Essential Care range includes moisturisers, cleansers, shampoos, massage oils, essential oils and more. Products can be purchased online, by post or telephone.

www.essential-care.co.uk

Tel: 01638 716593

ETA

The Environmental Transport Association was founded in 1990 to raise awareness of the impact of excessive car use, and to help individuals and organisations make positive changes in their travel habits. They are the world's first climate-neutral motoring organisation, and have firmly established environmental and ethical business policies to ensure that their day-to-day activities respect the environment. For breakdown cover and home, motor, cycle or travel insurance, the ETA is a truly ethical alternative to other motoring organisations. The ETA also compiles an annual Car Buyer's Guide, which ranks cars according to their green credentials and reveals the best and worst motors on the market.

www.eta.co.uk

Tel: 0845 389 1010

EUROPA PET FOODS

Europa pet foods are designed to help your dog stay fit and healthy. Produced in the UK to a highly digestible optimum nutrition formula, the foods are hypo-allergenic and free from wheat or wheat gluten, soya and dairy products. They include a balanced range of vitamins and minerals, as well as Omega 3 & 6 fatty acids, all of which provide health benefits for your dog – as well as helping to reduce feed cost and veterinary bills for you! A full ingredients list is available on the Europa website. The Europa range has been accredited by the BUAV 'Not Tested on Animals' scheme.

www.europa-pet-food.co.uk

Tel: 0845 658 0987

EVERYTHING ENVIRONMENTAL

Everything Environmental specialise exclusively in the manufacture, sourcing and supply of eco-friendly business gifts. Providing a solution to the upsurge in corporate environmental responsibility, Everything Environmental was established to supply business gift distributors with a one stop source of personalised recycled and eco-friendly products. All items in their core range are made from recycled, organic, sustainable or ethically sourced materials and can all be printed in the client's design.

www.everything-environmental.co.uk

Tel: 0870 739 1458

FISH4DOGS

Fish4Dogs' philosophy is to produce the best quality, environmentally-friendly products for pets, with no additives, preservatives, colourings or other unnecessary and unhealthy ingredients. Robert and Jill Angell had been Seafood Consultants for over 15 years. In 2004 after much in-depth research into the benefits of feeding fish to dogs (mainly their own!) they started making Dog Treats from the fish off-cuts which were not required by the major supermarket chains. Gradually the neighbours started asking for them, local pet shops started selling them and Fish4Dogs was born, and has been growing ever since. The company uses unwanted fish from human grade fish production and all the fish is sourced from sustainable stocks.

www.fish4dogs.com

Tel: 01299 252352

FUSHI

Fushi's range of herbal remedies, cosmetics and aromatherapy oils have been developed according to the philosophy that inner health promotes outer well-being. This innovative brand has built its holistic ideology into its outlets, where it offers expert impartial information about issues of health and well-being. Nearly all of the essential oils and extracts used in its products are organic and approved by the Soil Association, and it is committed to providing health and beauty solutions using only 100 per cent natural products. A supporter of fair trade and ethical operations, Fushi has been listed as one of the 50 'businesses to watch out for'.

www.fushi.co.uk

Tel: 0845 338 5251

GOOD ENERGY

Good Energy is an independent UK company which supplies only 100 per cent renewable energy products to homes and businesses. The electricity they supply comes from wind, small scale hydro and solar power generators across Britain, and they run a Home Generation scheme to support smaller sites and those who want to produce their own energy. Good Energy is recommended by Friends of the Earth and has come top in their league table of green energy suppliers. The company is growing fast and hopes to encourage as many people as possible to get involved in the world-wide movement to keep the world habitable.

www.good-energy.co.uk

Tel: 0845 456 1640

GREEN ENERGY

Green Energy is a renewable energy supplier created to offer people who are concerned about our shared environment the chance to do something practical, positive and imaginative. Green Energy aim to grow a business that is ethical, responsible and constructive, but also commercially sound, prudently managed and secure in the long term. Green Energy supplies electricity to domestic customers and small business customers in England and Wales. They plan to re-invest up to 50 per cent of their profits into renewable electricity generation projects, encouraging the development of new green solutions and allowing them to have a greater impact in the reduction of greenhouse gas emissions.

www.greenenergy.uk.com

Tel: 0800 783 8851

GREEN PEOPLE

Green People offer hand-made health and beauty products, with ranges including cosmetics, sun lotions and travel toiletries. They are committed to developing products that are 100 per cent natural, certified organic and highly effective. None of their formulations or products are, or ever have been, tested on animals, and most of their range is approved by the Vegan Society. All Green People products are suitable for vegetarians and full ingredient disclosure is always given on the labelling. Green People support charities with related environmental concerns, and each year 10 per cent of their net profits are donated to charitable causes linked to 'green' or environmental issues.

www.greenpeople.co.uk

Tel: 0140 374 0350

THE GREEN SHOPPING GUIDE

The Green Shopping Guide is a free to use online green business directory. It brings together a range of businesses, organisations and charities from around the UK that provide green and ethical products and services. With the busy lifestyles that we lead, sourcing ethical products and services can be time-consuming, but *The Green Shopping Guide* website aims to make it easier and quicker, by linking you directly to what you want and to where you can buy it. So whether you're looking for organic pesticides, ethical foot-ware, sustainable architects, bio-degradable nappies or green weddings, *The Green Shopping Guide* is the place to find them – and much, much more.

www.thegreenshoppingguide.co.uk

GREEN STATIONERY COMPANY

The Green Stationery Company is the only dedicated green stationery dealer in the UK, and is a premier supplier of recycled paper and green office products. They select items that are environmentally benign or have environmental advantages over standard office goods. Green Stationery aim to maintain business practices consistent with their goal of sustaining the fragile environment for future generations, within a culture that respects life and honours its interdependence. Unlike many office product dealers, they do not charge a premium for green items, but believe that choosing the right product is a step towards reducing the throwaway culture that is endemic in many offices.

www.greenstat.co.uk

Tel: 0122 548 0556

HIGHLAND SPRING

Highland Spring water is drawn from 2000 acres of protected land beneath the Ochil Hills in Perthshire, Scotland. This land has been kept free from farming, agricultural spraying, pesticides and habitation for more than 20 years. As a result of this protection of its catchment area, Highland Spring was the first British bottled water brand to have its land certified organic by the Soil Association. The Highland Spring philosophy is to protect their environment and protect the fruit that it bears, so they have gone to great lengths to ensure that their land is as natural as it can be - as part of this focus they were the first bottled water producer to join EMAS – the voluntary eco-management and audit scheme.

www.highlandspring.com

Tel: 01764 660 500

HOLZ TOYS

Holz Toys was started after owners Rebecca and Christoph Bettin returned from Germany where they had lived for several years. Whilst they were there they began to learn of the special regard and tradition for wooden toys. They believed that wooden toys meant so much more and as parents of four children they decided to make these toys available in England. They have been a retail supplier for 7 years and their offices and warehouses are based in Lostwithiel, Cornwall. Holz Toys strive to bring their customers finely crafted playthings that are both environmentally sound and safe and designed to inspire and awaken the imagination. Concern for the environment being one of their main priorities, they wish to limit the use of plastic particularly for children's playthings. They source ethically produced and manufactured wooden toys from sustainable alder and beech forestry in Europe and from pesticide free rubber wood, recycled from plantations in Thailand. They offset their carbon footprint by planting trees locally and by purchasing plots of rainforest.

www.holz-toys.co.uk

Tel: 0845 130 8697

HONESTY COSMETICS

Honesty Cosmetics manufacture a wide selection of skin and hair products, all of which are suitable for vegetarians and vegans. In addition to their own range, they offer a variety of complementary products sourced from a number of other companies who also adhere to compassionate policies. From everyday necessities to more luxurious products, Honesty Cosmetics items have been chosen to ensure their quality. Honesty offer a fast and efficient mail order service, and help and advice on ordering is available between Monday and Friday from 9.30am to 5pm. Their products include bath and shower gel, shampoo and conditioner, moisturising lotion, soap and essential oils.

www.honestycosmetics.co.uk

Tel: 0162 981 4888

INCOGNITO

incognito is a powerful natural anti-insect spray. It is a non greasy formulation, 100% natural and in contrast to a chemical mosquito repellent is kind to the skin and the environment. incognito contains the maximum amount of the best quality organic citronella, along with eucalyptus and camphor. Most of the ingredients have been used for centuries by indigenous peoples of Asia who are well aware of the mosquito repellent effects and have used these ingredients for centuries to keep both mosquitoes and other insects away. incognito also produce other natural products including shampoo, after-sun and soaps.

www.lessmosquito.com

Tel: 0207 221 0667

IT AMBULANCE

IT Ambulance provide IT Support, Computer Support, Network Support, Disaster Recovery and Computer Maintenance. They comply with WEEE directives and recycle customers' old equipment and packaging. They aim to be carbon neutral by 2010 and support local charities.

www.itambulance.co.uk

Tel: 0800 0214 999

LEAP MEDIA

Leap Media is a CarbonZero graphic design agency, whose mission is 'to find new and exciting ways of getting our relationship with the planet back on track'. With backgrounds in organic and sustainable design, their team offer creative, marketing and technical services which take the environment into account during every part of the process - from a commitment to environmental printing through to marketing products to ethical consumers.

www.leapmedia.co.uk

Tel: 01726 75551

LILY'S KITCHEN

Lily's Kitchen makes a range of truly delicious, nutritious food for pets. They are the first and only company in the UK to be certified as both Organic and Holistic. Their 100% natural recipes come in recyclable packaging and include wholesome, locally sourced ingredients, from butternut squash to apples, from rosehip to marigold petals. They support several charities who make a difference to pets' lives.

www.lilyskitchen.co.uk

Tel: 0845 680 5459

THE LUBERATION LABORATORY

The Luberation Laboratory design, formulate, manufacture and market the world's first certified organic range of intimacy products – the Yes range of water and oil based organic lubricants and moisturisers. Their mission is to change the world from the inside, they have a set of values that describe their commitment to their care for people (and animals), plants, their products and the planet. Their products are both organic and vegetarian.

www.yesyesyes.org

Tel: 0845 094 1141

MOONCUP

Mooncup is an innovative alternative to tampons, offering all the comfort and convenience without the cost, waste or health risks. Manufactured by a small ethical business in the UK, the soft silicone cup is worn internally, collects rather than absorbs menstrual fluid, and can be re-used for every period. There is no mess, no leaks or dryness. You only need one mooncup, which will last for years, so it's eco-friendly, saves money and is ideal for travelling, exercise and overnight use. As more and more women use mooncup, their enthusiastic word-of-mouth keeps the mooncup movement growing: a genuine revolution for women.

www.mooncup.co.uk

Tel: 0127 367 3845

MYAKKA

Myakka is a fair-trade home furnishings retailer, who source their furniture from India and are a recognised importer and retail member of BAFTS (British Association for Fair Trade Shops). The furniture is crafted using either Sheesham or Acacia wood, fast growing hardwoods sourced from sustainable, government managed plantations in India. Products can be bought online, through mail-order or at their Warehouse outlet. Visit their website to view their collection of furniture and soft furnishings.

www.myakka.co.uk

Tel: 0845 460 3122

NASH PARTNERSHIP

Nash Partnership are independent estate agents and letting agents, with offices in Berkhamsted, Hemmel Hempstead and Tring. In July 2007 they became England's first CarbonNeutral® estate agency. As a company, they have a good understanding of their environmental impact and have put together an action plan to improve energy efficiency and look at more innovative ways of reducing energy use where possible. Their long-term aim is to encourage other local businesses to think about the environmental impact they have and to do something positive about it. Nash Partnership prides themselves on their hard-earned reputation for service and is committed to getting the very best results for their clients – every time.

www.nashpartnership.co.uk

Tel: 01442 863000

NATRACARE (BODYWISE UK LTD)

Natracare are committed to offering organic and natural solutions for personal health care that leave a soft footprint on the earth. They offer feminine hygiene and baby care products which are chemical and additive free and biodegradable and contain only organic and natural ingredients sourced from sound ecologically managed producers. Natracare are dedicated to improving personal and environmental health and believe in a balanced ecologically driven lifestyle. The latest research carried out by The Ethical Company Organisation, shows how strong their ethical commitment is, with Natracare receiving the highest ECI score within this sector.

www.natracare.co.uk

Tel: 0117 9823492

NATURAL BY NATURE OILS

This family-run business was one of the first to promote aromatherapy in the UK, and has established itself as one of the leaders in its field. It was involved in the production of *A Safety Guide on the Use of Essential Oils*, which was based on world-wide research and is widely regarded as one of the most comprehensive books of its kind. Natural by Nature Oils actively supported the BUAV's campaign to end animal testing for cosmetics and toiletries, and donates 5 per cent of the purchase price of its certified organic oils (which won the Best New Organic Essential Oil Range award in 2003) to the organisation.

www.naturallybynature.co.uk

Tel: 0158 284 0848

THE NATURAL CURTAIN COMPANY

The Natural Curtain Company is the first online made-to-measure, hand-made curtain and roman blind company to use natural fabric. They offer a range of modern simple classic fabric designs which are plain, striped or patterned including hand-woven crewel from Kashmir. They have designs to suit formal, informal, kitchen and children's curtains or roman blinds – each of which you can choose to have lined. For curtains, there are a range of heading options from tab top, eyelet and pencil pleat to pinch pleats and inverted pleats. You can design your own curtains or blinds using easy step-by-step tools which guide you through the ordering process.

www.naturalcurtains.com

Tel: 0845 5000 400

NATURAL ORGANIC SOAP

Natural Organic Soap produce mild, glycerin-rich soaps using the traditional cold process method. Their products are registered with the Vegan Society, and were certified organic by the Soil Association in 2005. This means that all the ingredients used in Natural Organic soaps are 100 per cent organic, allowing you to avoid the pesticides, insecticides and synthetic fertilisers used on conventionally-grown plants. They are also GM-free, and do not contain ingredients such as sodium laureth sulphate. Natural Organic soaps include luxurious hempseed and avocado oils, enriched with moisturising cocoa or shea butter, and fragranced with organic essential oils. Flowers, roots and spices bring colour and gentle exfoliating properties.

www.organicsoap.net

Tel: 0208 488 2469

NEW LOOK

New Look is one of the UK's leading fashion retailers. With the motto "accessible fashion", they make cool, trendy clothing for everyone, no matter what your age, shape or size. In the last year, they have launched exclusive designer ranges with Giles Deacon and Lily Allen. The company is a member of the Ethical Trading Initiative, and believes in setting the highest possible standards for its suppliers – including seeking and promoting sustainable improvement in working conditions. New Look also has a rapidly expanding organic range, which includes jersey tops and dresses, as well as items in the 915 Generation, Maternity, Tall and Inspire ranges.

www.newlook.co.uk

Tel: 0500 454 094

ORGANIPETS

OrganiPets are a pet food company with one passion in life – to make great food for the cat or dog you love. All of their products are organic, hypo-allergenic and use no artificial colours, flavours or preservatives and no wheat, soya or beef. OrganiPets support British farmers by sourcing their ingredients as locally as possible, which helps to minimise transport pollution and reduce the environmental impact of their products. They also sponsor West Oxford Animal Rescue, providing them with the food they need for their animals. OrganiPets are currently working with small suppliers to increase the organic content of their foods from 88 to 100 per cent.

www.organipets.co.uk

Tel: 0845 388 0935

ORGANICO

Organico are importers of high quality organic foods. Their origins are in the healthfood and wholefood market, which has enabled them to develop a good understanding of what constitutes a healthy, balanced and nutritious diet. Organico work hard to find like-minded suppliers and bring us the type of foods that we enjoy eating every day. Their policy is to sell only 'tasty foods made with natural ingredients, prepared in a manner that respects and does not destroy the earth's limited resources'. Organico pledge to work openly and ethically to find high quality organic foods at fair prices, from dedicated organic farmers and suppliers.

www.organico.co.uk

Tel: 0118 923 8760

OSMO

OSMO provide high quality wood products made with carefully selected timber for both indoor and outdoor use. Their range includes wood flooring, wall panelling, fencing, garden furniture and decking. They have developed a special micro-porous wood finish which matches the demands of wood as a natural material, and use solvents on their products only when absolutely necessary. OSMO have also developed environmentally-friendly cleaning and maintenance products to ensure that their goods retain their health and durability long after purchase. More and more OSMO-processed wood is being FSC certified, and the company believes that sustainability is key to our continuing use of this valuable natural resource.

www.osmouk.com

Tel: 0129 648 1220

PLAIN LAZY

Plain Lazy is a fresh and funky clothing label specialising in dynamic and imaginative design for both men and women. It produces a broad selection of clothing, as well as stationery, bags, accessories and gifts, all with its unique street-urban twist. The label's ethos of freedom of expression and individuality is encapsulated in its vivid sense of style. Plain Lazy is a keen supporter of ethical and fair trade practices, and refuses to compromise its principles even as the company expands. The Plain Lazy range is supplied to independent retailers across the UK, and is also available through mail order via their website.

www.plainlazy.com

Tel: 0127 348 3336

POOCH & MUTTS

Pooch & Mutt produce natural pro-biotic supplements for dogs which help to keep your dog healthy. Pooch & Mutt are dedicated not only to producing the highest quality, most effective supplementary foods for dogs, but also to making sure that they have as little environmental impact on our (and our dogs') planet as possible. The packaging can decompose in just 6-8 weeks. Its PLA Bio-Plastic liner (which keeps the contents fresh) is the world's first greenhouse gas neutral polymer. The packaging is made from totally renewable sources, which grow back annually.

www.poochandmutt.com

Tel: 01733 740421

PO-ZU

Po-Zu are a London based design team who have over ten years' experience working on shoe brands ranging from the high street to haute couture. They believe in embracing and responding to the constant changes and mutations in culture and fashion, and are continuously seeking to merge styles, create hybrids and push footwear design forward. Many footwear companies are beginning to engage with green production, reducing their use of harmful dyes and chemicals, and seeking alternatives to synthetic materials. Po-Zu hope to bring eco-chic to the forefront of shoe design, and are looking to undertake projects from initial ideas right through to the final product.

www.po-zu.com

Tel: 0797 641 0378

REDWOOD WHOLEFOODS

Redwood Wholefoods produce a wide selection of meat free foods. These include a variety of Cheatin' meats (such as Rashers, their much acclaimed alternative to bacon), which are particularly popular with people who enjoy the flavour and texture of meat, but who no longer want to eat it. They have also developed Making Waves, an innovative range of fish-free items, and a number of super-melting dairy-free alternatives to cheese. Their Vegi-Deli products have been specially developed to appeal to vegetarians who are looking for new and exciting foods to eat but do not necessarily want to replace the flavour of meat in their diet.

www.redwoodfoods.co.uk

Tel: 0153 640 0557

SEASALT

Seasalt was the first fashion brand to have its clothing certified to Soil Association standard. 70 per cent of its products (including men's and women's clothing and footwear) are made from organic cotton, grown without the use of chemical pesticides. Other product lines include wellies, waterproof jackets and pullovers. Seasalt believes in the principle that it is worth paying a slightly higher price for a well-designed, functional and long-lasting garment, rather than buying in to the culture of disposable fashion. The company aims to work in the most environmentally-friendly way available, and looks for ways to make its activities as responsible as possible.

www.seasaltcornwall.co.uk

Tel: 0173 635 2032

SELECT SOLAR

Select Solar is an independent family-owned business established in 2002 by Fran Tattersall and Paul Beattie. The solar power specialists have built up a reputation as a company that cares about the environment they live in, with the technical knowledge and expertise to advise on all types of off-grid solar projects. People at Select Solar care very much about their customers and spend time making sure each one ends up with the right product, and has it delivered quickly and efficiently. Have a look at their website to view the large selection of solar energy products which are available to buy online.

www.selectsolar.co.uk

Tel: 0845 0031353

SHARED INTEREST

Shared Interest was established in 1990 and has grown rapidly to become a prominent ethical lender in the UK. Based in Newcastle-upon-Tyne, it is a co-operative lending society which provides credit facilities to organisations involved in fair trade. The society has around 8,500 members in the UK, and assets of over £20 million – around £14 million of which is available to lend in fair trade. Shared Interest believes in operating under a strong democratic structure, and has an elected council to monitor the work of its Board of Directors. If you are interested in investing in Shared Interest's work, visit their website for more information.

<http://cust.shared-interest.com>

Tel: 0191 233 9100

TERRAMAR ORGANICS

Terramar Organics is an online and mail order clothing company specialising in the sale of organic and fair trade clothing. Its products are made with fully certified sustainable textiles, which have been assessed at all stages of the production process. The company was founded to sell basic but quality clothing such as shirts and T-shirts which will last well and don't cost the earth. Terramar promotes sustainable living by minimising its exploitation of natural resources, and supports the local community by making use of its resources and talent. It does not source its clothing from factories involved in sweatshop practices or exploitation of labour.

www.terramar.co.uk

Tel: 0799 961 3982

TROPICAL WHOLEFOODS (FM FOODS)

When the people behind Tropical Wholefoods lived in Uganda, the local farmers were always asking them how they could sell their fruits in Europe. So they began to experiment with sun-drying the fruits in solar dryers. All that was needed was sun, fruit and energy – of which they had plenty! They took their first sun-dried fruits back to England and sold them at markets. Harvested when fully ripe and immediately sun-dried, they had really full flavours, were 100 per cent pure fruit, and were free from all preservatives. Today, Tropical Wholefoods continue to provide a whole range of dried fruit, dried vegetables and snack bars.

www.tropicalwholefoods.com

Tel: 0207 737 0444

TROPHY PET FOODS

Trophy Pet Foods are independent producers of premium pet foods for dogs, cats and small mammals. Their range is designed to provide all the nourishment your pet requires in a carefully balanced meal. Trophy specially selects the best ingredients available ensuring that they are nutritious, wholesome and palatable. They then deliver these products to you. Trophy offer free samples so that your pet can try the food before you buy and they offer a 100% satisfaction guarantee, so if you have not seen a difference in your pet after 28 days or are not satisfied, they refund or replace the product for you. Trophy Pet Foods are also approved under the BUAV 'No Animal Testing' Standard.

www.trophypetfoods.co.uk

Tel: 01367 240333

ZED PR

Zed PR is a small, friendly and flexible PR agency, offering big agency brains without some of the big agency bad habits. It specialises in public relations programmes for ambitious companies, making sure the right people know and hear about its clients – whether that's through the media, brand 'evangelists', direct engagement with audiences or other services. Members of the Zed PR team have worked across many industries, from computer programming tools to environmentally friendly nappies. They have helped launch concepts and companies from online banking to the first digital cameras for consumers, and have the know-how to spread their infectious enthusiasm for your big idea.

www.zedpr.co.uk

Tel: 0118 969 8966